1. martial art 1A 6 n ˌmɑːʃəl ˈɑːt a sport such as judo or karate, in which you fight with your hands and feet. Martial arts were developed in Eastern Asia
2. keep-fit activity 1A 6 n ˌkiːp ˈfɪt ækˌtɪvəti something that you do to exercise and keep healthy
3. outdoor pursuit 1A 6 n ˌaʊtdɔː pəˈsjuːt something that you do outside as a sport or hobby
4. blockbuster 1A 6 n ˈblɒkˌbʌstə a book or film that is very good or successful
5. fancy taking up something 1A 6 v phr ˌfænsi ˌteɪkɪŋ ˈʌp ˌsʌmθɪŋ to become interested in (a new activity) and want to spend time doing it
6. grow on someone 1A 6 phr v ˈɡrəʊ ɒn ˌsʌmwʌn if something grows on you, you gradually like it more and more
7. be hopeless at something 1A 6 v phr bi ˈhəʊpləs ət ˌsʌmθɪŋ to be terrible at doing (something)
8. hype 1A 6 n haɪp attempts to make people think something is good or important by talking about it a lot on television, the radio, etc. – used to show disapproval
9. let off steam 1A 6 v phr ˌlet ɒf ˈstiːm to get rid of your anger, excitement or energy in a way that does not harm anyone by doing something active
10. nothing beats 1A 6 v phr ˌnʌθɪŋ ˈbiːts used to say that something is much better and more enjoyable than anything else
11. switch off 1A 6 phr v ˌswɪtʃ ˈɒf to relax for a short time
12. take to something 1A 6 phr v ˈteɪk tʊ ˌsʌmθɪŋ to start to like (something)
13. mourn 1B 8 v mɔːn to feel very sad and to miss (someone) after they have died
14. desperate 1B 8 adj ˈdespərət willing to do anything to change a very bad situation and not caring about danger
15. apprenticeship 1B 8 n əˈprentɪsʃɪp the job of being an apprentice (= someone who works for an employer for a fixed period of time in order to learn a particular skill or job) or the period of time in which you are an apprentice
16. expertise 1B 8 n ˌekspɜːˈtiːz special skills or knowledge in a particular subject, that you learn by experience or training
17. sleep rough 1B 8 v phr ˌsliːp ˈrʌf to sleep outside with nothing to protect you from the weather, especially because you have no home to live in
18. stranded 1B 8 adj ˈstrændɪd a person or vehicle that is stranded is unable to move from the place where they are
19. pull over 1B 8 phr v ˌpʊl ˈəʊvə to drive to the side of the road and stop your car, or to make someone else do this
20. rave review 1B 8 n phr ˌreɪv rɪˈvjuː strong praise for a new play, book, restaurant, etc., especially in a newspaper or magazine or on a website
21. take under your wing 1B VB 156 idiom ˌteɪk ʌndə jə ˈwɪŋ to help and protect (someone who is younger or less experienced than you are)
22. put at ease 1B VB 156 idiom ˌpʊt ət ˈiːz to make someone feel relaxed
23. moral support 1B VB 156 n ˌmɒrəl səˈpɔːt encouragement that you give by expressing approval or interest, rather than by giving practical help
24. reassure 1B VB 156 v ˌriːəˈʃʊə to make (someone) feel calmer and less worried or frightened about a problem or situation
25. grant 1B VB 156 n ɡrɑːnt an amount of money given to someone, especially by the government, for a particular purpose
26. make allowances for someone 1B VB 156 v phr ˌmeɪk əˈlaʊənsɪz fə ˌsʌmwʌn to let (someone) behave in a way you do not normally approve of, because you know there are special reasons for their behaviour
27. go easy on someone 1B VB 156 v phr ɡəʊ ˈiːzi ɒn ˌsʌmwʌn to be more gentle and less strict or angry with (someone)
28. encouragement 1B VB 156 n ɪnˈkʌrɪdʒmənt ways of giving someone the courage or confidence to do something
29. be in the same boat 1B VB 156 idiom ˌbiː ɪn ðə ˌseɪm ˈbəʊt to be in the same unpleasant situation as someone else
30. have a go at someone 1C 10 v phr hæv ə ˈɡəʊ ət ˌsʌmwʌn to criticise (someone)
31. jam 1C 10 v dʒæm if a moving part of something jams, or if you jam it, it no longer works properly because something is preventing it from moving
32. irritation 1C 10 n ˌɪrɪˈteɪʃən something that makes you annoyed
33. at fault 1C 10 adv phr ət ˈfɔːlt if someone is at fault, they are responsible for something bad that has happened
34. go on and on about something 1C 10 v phr ɡəʊ ˌɒn ənd ˈɒn əbaʊt ˌsʌmθɪŋ to talk too much about (something)
35. come up with something 1C 10 phr v kʌm ˈʌp wɪð ˌsʌmθɪŋ to think of (an idea, answer, etc.)
36. undermine someone 1C 10 v ˌʌndəˈmaɪn ˌsʌmwʌn to gradually make (someone or something) less strong or effective
37. point the finger of blame 1C 10 v phr ˌpɔɪnt ðə ˌfɪŋɡər əv ˈbleɪm to say that someone has done something wrong
38. pointless 1C 10 adj ˈpɔɪntləs worthless or not likely to have any useful result
39. distract 1C 10 v dɪˈstrækt to take someone’s attention away from something by making them look at or listen to something else
40. fellow worker 1C 10 n ˌfeləʊ ˈwɜːkə a person that you work with
41. smash something into little pieces 1C 10 v phr ˌsmæʃ ˌsʌmθɪŋ ɪntə ˌlɪtl ˈpiːsəz to break into small pieces violently or noisily, or to make (something) do this by dropping, throwing or hitting it
42. gadget 1C 10 n ˈɡædʒɪt a small, useful and cleverly-designed machine or tool
43. pointless 1C VB 156 adj ˈpɔɪntləs worthless or not likely to have any useful result
44. unaware 1C VB 156 adj ˌʌnəˈweə not noticing or realising what is happening
45. irrelevant 1C VB 156 adj ɪˈreləvənt not useful or not relating to a particular situation and therefore not important
46. irrational 1C VB 156 adj ɪˈræʃənəl not based on clear thought or reason
47. irresponsible 1C VB 156 adj ˌɪrɪˈspɒnsəbəl doing careless things without thinking or worrying about the possible bad results
48. immature 1C VB 156 adj ˌɪməˈtʃʊə someone who is immature behaves or thinks in a way that is typical of someone much younger – used to show disapproval
49. immoral 1C VB 156 adj ɪˈmɒrəl wrong, based on your ideas about what is right, rather than on what is legal or practical
50. improper 1C VB 156 adj ɪmˈprɒpə dishonest, illegal or morally wrong
51. imperfect 1C VB 156 adj ɪmˈpɜːfɪkt not completely correct or perfect
52. insecure 1C VB 156 adj ˌɪnsɪˈkjʊə not feeling at all confident about yourself, your abilities or your relationships with people
53. inexperienced 1C VB 156 adj ˌɪnɪkˈspɪəriənst not having had much experience
54. inadequate 1C VB 156 adj ɪnˈædəkwət not good enough, big enough, skilled enough, etc. for a particular purpose
55. insufficient 1C VB 156 adj ˌɪnsəˈfɪʃənt not enough, or not great enough
56. inconsistent 1C VB 156 adj ˌɪnkənˈsɪstənt inconsistent behaviour, work, etc. changes too often from good to bad
57. incompetent 1C VB 156 adj ɪnˈkɒmpɪtənt not having the ability or skill to do a job properly
58. row 1D 12 n raʊ a short angry argument, especially between people who know each other well
59. dispute 1D 12 n dɪˈspjuːt a serious argument or disagreement
60. mediate 1D 12 v ˈmiːdieɪt to try to end a quarrel between two people, groups, countries, etc.
61. tension 1D 12 n ˈtenʃən the feeling that exists when people or countries do not trust each other and may suddenly attack each other or start arguing
62. clear the air 1D 12 v phr ˌklɪə ði ˈeə to do something to end an argument or bad situation, for example discuss a problem calmly
63. on speaking terms 1D 12 adv phr ɒn ˈspiːkɪŋ ˌtɜːmz if two people are not on speaking terms, they do not talk to each other, usually because they have argued
64. side with 1D 12 phr v saɪd to support or argue against a person or group in a quarrel, fight, etc.
65. ……. escalate 1D 12 v ˈeskəleɪt if fighting, violence or a bad situation escalates, or if someone escalates it, it becomes much worse
66. ongoing dispute 1D 12 n ˌɒnɡəʊɪŋ dɪˈspjuːt a continuing serious argument or disagreement
67. come to blows 1D 12 v phr ˌkʌm tə ˈbləʊz if two people come to blows, they start arguing or hitting each other because they disagree about something
68. quarrel 1D 12 v ˈkwɒrəl to have an argument
69. kick someone out 1D 12 phr v ˌkɪk ˌsʌmwʌn ˈaʊt to make (someone) leave a place, job, etc.
70. be willing to compromise 1D 12 v phr bi ˌwɪlɪŋ tə ˈkɒmprəmaɪz to want to reach an agreement, even if it means that everyone involved accepts less than what they wanted at first
71. irritate 2A 14 v ˈɪrɪteɪt to make (a part of your body) painful and sore
72. bump 2A 14 v bʌmp to hit or knock against something
73. come down with something 2A 14 phr v kʌm ˈdaʊn wɪð ˌsʌmθɪŋ to ɡet an illness
74. stomach bug 2A 14 n ˈstʌmək ˌbʌɡ an illness you can catch that affects your stomach
75. strain 2A 14 v streɪn to injure (a muscle or part of your body) by using it too much or making it work too hard
76. spinal 2A 14 adj ˈspaɪnəl belonging to or affecting your spine
77. kidney 2A 14 n ˈkɪdni one of the two organs in your lower back that separate waste products from your blood and make urine
78. failure 2A 14 n ˈfeɪljə an occasion when part of your body stops working properly
79. bash 2A 14 v bæʃ to hit (someone or something) hard, in a way that causes pain or damage
80. develop 2A 14 v dɪˈveləp if you develop a disease or illness, or if it develops, you start to have it
81. arthritis 2A 14 n ɑːˈθraɪtɪs a disease that causes the joints of your body to become swollen and very painful
82. be out cold 2A 14 v phr bi ˌaʊt ˈkəʊld to be unconscious
83. limp 2A 14 v ˌlɪmp ˈɒf to walk slowly and with difficulty because one leg is hurt or injured
84. be out of action 2A 14 v phr bi ˌaʊt əv ˈækʃən injured and unable to do anything
85. swollen 2A 14 adj ˈswəʊlən a part of your body that is swollen is bigger than usual, especially because you are ill or injured
86. joint 2A 14 n dʒɔɪnt a part of your body that can bend because two bones meet there
87. transplant 2A 14 n ˈtrænsplɑːnt the operation of moving an organ, piece of skin, etc. from one person’s body and putting it into another as a form of medical treatment
88. organ donor 2A 14 n ˈɔːɡən ˌdəʊnə someone who gives a part of the body that has a particular purpose, such as the heart or lungs, to another person who needs it
89. vomit 2A 14 v ˈvɒmɪt to bring food or drink up from your stomach out through your mouth, because you are ill
90. black and blue 2A 14 adj phr ˌblæk ən ˈbluː skin that is black and blue has bruises (= dark marks) on it as a result of being hit
91. itchy 2A 14 adj ˈɪtʃi if part of your body is itchy, it feels slightly unpleasant and you want to rub it with your nails
92. severely restrict 2A 14 v phr səˌvɪəli rɪˈstrɪkt to greatly limit (someone’s actions or movements)
93. mobility 2A 14 n məʊˈbɪləti the ability to move easily
94. awareness 2B 16 n əˈweənəs knowledge or understanding of a particular subject or situation
95. campaign 2B 16 n kæmˈpeɪn a series of actions intended to achieve a particular result relating to politics or business, or a social improvement
96. campaign 2B 16 v kæmˈpeɪn to lead or take part in a series of actions intended to achieve a particular social or political result
97. deprivation 2B 16 n ˌdeprɪˈveɪʃən the lack of something that you need in order to be healthy, comfortable or happy
98. empower 2B 16 v ɪmˈpaʊə to give (someone) more control over their own life or situation
99. expertise 2B 16 n ˌekspɜːˈtiːz special skills or knowledge in a particular subject, that you learn by experience or training
100. lobby 2B 16 v ˈlɒbi to try to persuade the government or someone with political power that a law or situation should be changed
101. reclaim 2B 16 v rɪˈkleɪm to get back something that you have lost or that has been taken away from you
102. sustainable 2B 16 adj səˈsteɪnəbəl able to continue without causing damage to the environment
103. tackle 2B 16 v ˈtækəl to try to deal with (a difficult problem)
104. worthy 2B 16 adj ˈwɜːði deserving to be thought about or treated in a particular way
105. awareness 2B VB 157 n əˈweənəs knowledge or understanding of a particular subject or situation
106. probability 2B VB 157 n ˌprɒbəˈbɪləti how likely something is, sometimes calculated in a mathematical way
107. freedom 2B VB 157 n ˈfriːdəm the right to do what you want without being controlled or restricted by anyone
108. mobility 2B VB 157 n məʊˈbɪləti the ability to move easily
109. investment 2B VB 157 n ɪnˈvestmənt the use of money to get a profit or to make a business activity successful, or the money that is used
110. expansion 2B VB 157 n ɪkˈspænʃən when something increases in size, range, amount, etc.
111. conclusion 2B VB 157 n kənˈkluːʒən something you decide after considering all the information you have
112. deprivation 2B VB 157 n ˌdeprɪˈveɪʃən the lack of something that you need in order to be healthy, comfortable or happy
113. donation 2B VB 157 n dəʊˈneɪʃən something, especially money, that you give to a person or an organisation in order to help them
114. the establishment 2B VB 157 n ði ɪˈstæblɪʃmənt the group of people in a society or profession who have a lot of power and influence and are often opposed to any kind of change or new ideas
115. homelessness 2B VB 157 n ˈhəumləsnəs the state of beinɡ without a home
116. consciousness 2B VB 157 n ˈkɒnʃəsnəs the condition of being awake and able to understand what is happening around you; when you know that something exists or is true
117. effectiveness 2B VB 157 n ɪˈfektɪvnəs being successful and working in the way that was intended
118. supervision 2B VB 157 n ˌsuːpəˈvɪʒən when someone is in charge of an activity or person and makes sure that things are done in the correct way
119. comprehension 2B VB 157 n ˌkɒmprɪˈhenʃən the ability to understand something
120. persuasion 2B VB 157 n pəˈsweɪʒən the act of persuading someone to do something
121. astonishment 2B VB 157 n əˈstɒnɪʃmənt complete surprise
122. embarrassment 2B VB 157 n ɪmˈbærəsmənt the feeling of being uncomfortable or nervous and worrying about what people think of you
123. amusement 2B VB 157 n əˈmjuːzmənt the feeling you have when you think something is funny
124. capability 2B VB 157 n ˌkeɪpəˈbɪləti the natural ability, skill or power that makes a machine, person or organisation able to do something, especially something difficult
125. authenticity 2B VB 157 n ˌɔːθenˈtɪsəti, -θən- the quality of being real or true
126. security 2B VB 157 n sɪˈkjʊərəti things that are done to keep a person, building or country safe from danger or crime
127. stardom 2B VB 157 n ˈstɑːdəm the state of being a famous performer
128. boredom 2B VB 157 n ˈbɔːdəm the feeling you have of being tired and impatient because you do not think something is interesting or because you have nothing to do
129. wisdom 2B VB 157 n ˈwɪzdəm good sense and judgement, based especially on your experience of life
130. opposition 2B VB 157 n ˌɒpəˈzɪʃən strong disagreement with, or protest against, something such as a plan, law or system
131. recognition 2B VB 157 n ˌrekəɡˈnɪʃən the act of knowing someone or something because you have known or learned about them in the past; public respect and thanks for someone’s work or achievements
132. concentration 2B VB 157 n ˌkɒnsənˈtreɪʃən the ability to think about something carefully or for a long time
133. abandoned 2C 18 adj əˈbændənd an abandoned building, car, boat, etc. has been left by the people who owned or used it
134. bankrupt 2C 18 adj ˈbæŋkrʌpt without enough money to pay what you owe
135. decline 2C 18 v dɪˈklaɪn to decrease in quantity or importance
136. demolish 2C 18 v dɪˈmɒlɪʃ to completely destroy (a building)
137. neglect 2C 18 v nɪˈɡlekt to fail to look after (someone or something) properly
138. outdated 2C 18 adj ˌaʊtˈdeɪtɪd if something is outdated, it is no longer considered useful or effective, because something more modern exists
139. restore 2C 18 v rɪˈstɔː to repair (an old building, piece of furniture or painting, etc.) so that it is in its original condition
140. shrink 2C 18 v ʃrɪŋk to become or to make (something) smaller in amount, size or value
141. take over 2C 18 phr v ˌteɪk ˈəʊvə to take control of (something)
142. turn into something 2C 18 phr v ˌtɜːn ˈɪntə ˌsʌmθɪŋ to become (something different), or to make someone or something do this
143. bungalow 2C VB 157 n ˈbʌŋɡələʊ a house that is all on ground level
144. dam 2C VB 157 n dæm a special wall built across a river or stream to stop the water from flowing, especially in order to make a lake or produce electricity
145. dock 2C VB 157 n dɒk a wide wall or flat area built out into the water, used for getting on and off boats
146. hut 2C VB 157 n hʌt a small simple building with only one or two rooms
147. mansion 2C VB 157 n ˈmænʃən a very large house
148. memorial 2C VB 157 n məˈmɔːriəl something, especially a stone with writing on it, that reminds people of someone who has died
149. pier 2C VB 157 n pɪə a structure that is built over and into the water so that boats can stop next to it or people can walk along it
150. reservoir 2C VB 157 n ˈrezəvwɑː a lake, especially an artificial one, where water is stored before it is supplied to people’s houses
151. HỌC blow a gale 3A 22 v phr ˌbləʊ ə ˈɡeɪl to be very windy
152. sticky 3A 22 adj ˈstɪki weather that is sticky makes you feel uncomfortably hot, wet and dirty
153. humid 3A 22 adj ˈhjuːmɪd if the weather is humid, you feel uncomfortable because the air is very wet and usually hot
154. brighten up 3A 22 phr v ˌbraɪtn ˈʌp if the weather brightens up, the sun begins to shine and it becomes lighter
155. glorious 3A 22 adj ˈɡlɔːriəs glorious weather is sunny and hot
156. THÔNG miserable 3A 22 adj ˈmɪzərəbəl miserable weather is cold and dull, with no sun shining
157. bitter 3A 22 adj ˈbɪtə unpleasantly cold
158. get soaked 3A 22 v phr ɡet ˈsəʊkt to become very wet because of heavy rain
159. frost 3A 22 n frɒst ice that looks white and powdery and covers things that are outside when the temperature is very cold
160. crisp 3A 22 adj krɪsp weather that is crisp is cold and dry
161. VŨ breeze 3A 22 n briːz a gentle wind
162. thunderstorm 3A 22 n ˈθʌndəstɔːm a storm with thunder and lightning
163. plead guilty/not guilty 3B 24 v phr ˌpliːd ˈɡɪlti/nɒt ˈɡɪlti to state in a court of law whether or not you are guilty of a crime
164. award custody 3B 24 v phr əˌwɔːd ˈkʌstədi to legally allow the right to take care of a child to one of their parents when they have divorced
165. award damages 3B 24 v phr əˌwɔːd ˈdæmɪdʒɪz to legally order someone to pay money to someone else as a punishment for harming them or their property
166. TUẤN crack down on 3B 24 v phr ˌkræk ˈdaʊn ɒn to become more strict in dealing with (a crime) and punishing the people involved
167. petty crime 3B 24 n ˌpeti ˈkraɪm (a) crime that is not serious, for example stealing things that are not very valuable
168. online fraud 3B 24 n ˌɒnlaɪn ˈfrɔːd the crime of using the internet to deceive people in order to gain something such as money or goods
169. rule in favour of/against 3B 24 v phr ˌruːl ɪn ˈfeɪvər əv/əˈɡenst to make an official decision for or against (someone) in a court, etc.
170. claimant 3B 24 n kleɪmənt someone who claims something, especially money, from the government, a court, etc. because they think they have a right to it
171. QUỲNH restrict 3B 24 v phr rɪˈstrɪkt to limit or control the size, amount, or range of (something)
172. people’s rights 3B 24 n ˌpiːpəlz ˈraɪts something that people are morally, legally or officially allowed to do or have
173. access to information 3B 24 n phr ˌækses tʊ ˌɪnfəˈmeɪʃən the right to read or know facts or details that tell you something about a situation, person, event, etc.
174. appeal against 3B 24 v phr əˈpiːl əˌɡenst to make a formal request to a court or someone in authority asking for (a decision) to be changed
175. ruling 3B 24 n ruːlɪŋ an official decision, especially one made by a court
176. BẢO verdict 3B 24 n ˈvɜːdɪkt an official decision made in a court of law, especially about whether someone is guilty of a crime or how a death happened
177. charges 3B 24 n pl ˈtʃɑːdʒɪz an official statement by the police that someone may be guilty of a crime
178. corruption 3B 24 n kəˈrʌpʃən dishonest, illegal or immoral behaviour, especially from someone with power
179. testify for the prosecution/defence- DEFENDANT 3B 24 v phr ˈtestɪfaɪ fə ðə ˌprɒsɪˈkjuːʃən/dɪˈfens to make a formal statement of what is true, especially in a court of law, in support of the lawyers who are trying to prove that someone is guilty/not guilty of a crime
180. be accused of causing 3B 24 v phr bi əˌkjuːzd əv ˈkɔːzɪŋ when someone says that they believe you are guilty of causing something to happen
181. THIÊN nuisance 3B 24 n ˈnjuːsəns the use of a place or property in a way that causes public annoyance
182. break the terms of 3B 24 v phr ˌbreɪk ðə ˈtɜːmz əv to ignore or not meet the conditions that were set for (an arrangement, contract, arrangement, etc.)
183. agreement 3B 24 n əˈɡriːmənt an arrangement or promise to do something, made by two or more people, companies, organisations, etc.
184. patent 3B 24 n ˈpeɪtnt, ˈpæ- a special document that gives you the right to make or sell a new invention or product that no one else is allowed to copy
185. be armed 3B VB 158 v phr bi ˈɑːmd to be carrying weapons, especially guns
186. TRIỀU hold up someone 3B VB 158 phr v ˌhəʊld ˈʌp ˌsʌmwʌn to rob or try to rob (a place or person) by using violence
187. go into hiding 3B VB 158 v phr ˌɡəʊ ɪntə ˈhaɪdɪŋ to stay somewhere in secret, especially because you have done something illegal or are in danger
188. make off with something 3B VB 158 phr v ˌmeɪk ˈɒf wɪð ˌsʌmθɪŋ to steal (something) and take it away with you
189. be on the run 3B VB 158 v phr bi ˌɒn ðə ˈrʌn to be trying to escape or hide, especially from the police
190. in custody 3B VB 158 adj phr ɪn ˈkʌstədi when someone is kept in prison until they go to court, because the police think they have committed a crime
191. CHÂU open fire on someone 3B VB 158 v phr ˌəʊpən ˈfaɪər ɒn ˌsʌmwʌn to start shooting at (someone or something)
192. raid 3B VB 158 n reɪd a surprise visit made to a place by the police to search for something illegal
193. seize 3B VB 158 v siːz if the police or government officers seize something, for example illegal drugs, they take legal possession of it
194. wound 3B VB 158 v wuːnd to injure (someone) with a knife, gun, etc.
195. assault 3B VB 158 v əˈsɔːlt to attack (someone) in a violent way
196. THUONG conviction 3B VB 158 n kənˈvɪkʃən a decision in a court of law that someone is guilty of a crime, or the process of proving that someone is guilty
197. make an example of someone 3B VB 158 v phr ˌmeɪk ən ɪɡˈzɑːmpəl əv ˌsʌmwʌn to punish (someone) so that other people are afraid to do the same thing
198. free someone 3B VB 158 v friː ˌsʌmwʌn to allow (someone) to leave prison or somewhere they have been kept as a prisoner
199. offensive 3B VB 158 adj əfensɪv used for attacking someone
200. bail 3B VB 158 n beɪl money left with a court of law to make sure that a prisoner will return when their trial starts
201. KHẢI front 3B VB 158 n frʌnt a legal business that someone operates in order to hide the illegal activities that they are involved in
202. pose as someone 3B VB 158 v phr ˈpəʊz əz ˌsʌmwʌn to pretend to be (someone else), in order to deceive people
203. stand trial 3B VB 158 v phr ˌstænd ˈtraɪəl to be judged in a court of law
204. undercover 3B VB 158 adj ˌʌndəˈkʌvə undercover work is done secretly by the police in order to catch criminals or find out information
205. bribe 3C 27 n braɪb money or a gift that you illegally give someone to persuade them to do something for you
206. PHÚC be disqualified 3C 27 v phr bi dɪsˈkwɒlɪfaɪd to be stopped from taking part in an activity because you have broken a rule
207. neck and neck 3C 27 n phr ˌnek ən ˈnek if two competitors or groups are neck and neck in a competition or race, they are level with each other
208. lap 3C 27 n læp a single journey around a race track
209. burn off 3C 27 phr v ˌbɜːn ˈɒf to use (energy that is stored in your body) by doing physical exercise
210. dive 3C 27 v daɪv in football, to fall down deliberately in order to unfairly win a free kick or a penalty
211. NAM turn pro 3C 27 v phr ˌtɜːn ˈprəʊ to start to be paid to play a sport that other people do for pleasure
212. foul 3C 27 v faʊl if a sports player fouls another player, they do something that is not allowed by the rules
213. possession 3C 27 n pəˈzeʃən when a person or team has control of the ball in some sports
214. stroke 3C 27 n strəʊk the action of hitting the ball in games such as tennis, golf and cricket
215. sponsorship 3C 27 n ˈspɒnsəʃɪp financial support for an activity or event
216. KHANG caring professions 3D 28 n pl ˈkeərɪŋ prəˌfeʃənz jobs which involve looking after other people
217. express anger 3D 28 v phr ɪkˌspres ˈæŋɡə to tell or show, by using words, looks or actions, a strong feeling of wanting to hurt or criticise someone because they have done something bad or been unkind
218. self-esteem 3D 28 n ˌself ɪˈstiːm the feeling of being satisfied with your own abilities and that you deserve to be liked or respected
219. inequality 3D 28 n ˌɪnɪˈkwɒləti an unfair situation, in which some groups in society have more money, opportunities, power, etc. than others